



Monday, March 5, 2018

Week #24

D1 Boys Basketball

Coaches: Shelly and Marc Roberts

Roster:

1. Tesean Clyke
2. Riley Gabriel
3. Logan Zurbel
4. Ethan Dahr
5. Newt Glasgow
6. Daryen Reddick
7. Tyree Desmond
8. Parker Steeves
9. Graham Thurston
10. Sean Gallie
11. Matthew Jones
12. Chet Scammell

Results:

March 1, 2 & 3 Provincial Championships hosted by Sydney Academy

L 93-75 #6 CEC vs #3 CPA (Quarterfinals)

L 100-50 vs Sydney Academy (Consolation Semifinals)

W 64-50 vs Horton

Team finishes the season 20 and 8, 7th place in the province.

Thank you to all team members and to our coaches on a great season!

Wrestling

Coaches: Hans Budgey, Luke Ferguson, Shonalee Johnson and Connor Pierce-Pryor

Roster:

Xavier Barrington

Dylan Benoit

George Buchanan-Gibb

Tristyn Clattenburg

John Deal

Madison Ferguson

Courtney Callagher

Josiane Gibson

Laura Hughes McKay

Colton MacDonald

Brendan Maguire

Hayden Malay

Ian Millican

Jake Millican

Laura Mingo

Seth Priest-Atkinson

Viraji Rupasinghe

Sage Rutherford

Tavish Rutherford

Deniz Sahin

Jacob Smilde-Cope

Sarah Stewart-Totten

Affiliates:

Connor MacKenzie Gr.9 wrestling for Bible Hill Junior High School

Emilio Romero Gr.7 wrestling for Redcliff Middle School

Uriah Melanson Gr.7 wrestling for Colchester Christian Academy

Results:

March 2 & 3 Provincial Championships hosted at Riverside Education Centre by Hants East Rural High

Congratulations - Senior Girls provincial silver and Senior Boys provincial GOLD!!!

Senior Girls

Viraji Rupasinghe -52 kg **Silver medal**

Sarah Stewart-Totten -56 kg. **Bronze medal**

Josiane Gibson -60 kg. **4th place**

Laura Hughes-McKay -65 kg **8th place**

Laura Mingo -65 kg. **5th place**

Courtney Gallagher -80 kg. **gold medal**

Madison Ferguson +90 kg. **gold medal**

Senior Girls recorded 16 team points for 2nd overall.

Senior Boys

Hayden Malay -58 kg. **Silver medal**

Sage Rutherford -58 kg. **Gold medal**

Jake Millican -63 kg. **Bronze medal**
John Deal -69 kg. **Bronze medal**
Cole MacDonald -76 kg **6th place**
Deniz Sahin -76 kg. **Silver medal**
Jacob Smilde-Cope -85 kg. **Bronze medal**
Brendan Maguire -85 kg. **Silver medal**
Ian Millican -85 kg. **Gold medal**
Seth Priest-Atkinson -100 kg. **4th place**
Tavish Rutherford -100 kg. **Gold medal**
Tristyn Clattenburg -120 kg. **Gold medal**

Senior Boys recorded 34 team points to win the NSSAF Provincial Championship banner.

Thank you to all team members and to our coaches on a great season!

Boys Hockey

Coaches: Jeff Hazelton, Andre Robichaud, Tom Whidden and Vince MacCormack
Manager: Jennifer Ferguson

Visit - <http://www.leaguelineup.com/welcome.asp?url=ceccougars>

Roster:

1. Steven Jackson
2. Jeremy O'Connell
3. Matt Melanson
4. Weston Porter
5. Luke Smith
6. Ryan Rath
7. Kyle Stuart
8. Keegan Grady
9. Braden Gray
10. Connor Miller
11. Hyaden Roy
12. Cody MacDonald
13. Joseph Fagioli
14. Jackson Haight
15. Aiden Pitcher
16. Rylan McIntyre
17. Cameron DeGroot
18. Brody Schmitt
19. Calum MacLeod

20. Adam Nisar

Results:

Regional Championships - Best 2 out of 3 series with North Nova

Northumberland Region CHAMPIONS!!!

W 3-1 Game #1 Feb 27 @ Stadium 7:00

W 2-1 in OT Game #2 March 2 @ Trenton 7:00

Schedule:

March 23, 24 & 25 Provincial Championships hosted by CP Allen Highh

Downhill Ski Race Team

Coaches: Ted MacPhee, Emily Dicks and Denise Burgess

Practices will be Thursday nights at Ski Wentworth 6:00-8:00

Training sessions at Studio Fit

Rosters

Girls:

Clara Jansen (International student)

Sara Johnson

Olivia Stevenson

Emma Toole

Sonia Meekers

Boys:

Seth Faulkner

Alex Holmes

Spencer Ross

Peter Vandermeulen

Nicholas Laja (International student)

Nils La Fevre (International student)

Payne Thompson

Results:

Feb 26 Regional Championships

Northumberland Region CHAMPIONS in both Senior Girls and Boys!!!

Senior Girls

1st Olivia Stevenson

Sara Johnson

Sonia Meekers

Emma Toole

Clara Jansen

Senior Boys

2nd Seth Faulkner

Payne Thompson

Nils La Fevre

Peter Vandermeulen

Alex Holmes

Spencer Ross

Nicholas Laja

Schedule:

Good luck team!

Provincials March 7 @ Ski Wentworth

Curling

Coach: Ron Smith

Rosters

Boys

Adam McEachern

Tyler McNeil

Alex McDonah

David McCurdy

Girls

Emma Patriquin

Claire Hartlen

Ava Varga

Maddie Larade

Mixed

Emma Toole

Charles Toole

David Sandeson

Makayla Watson

5th Myles Fox

Results:

Schedule:

March 8 (snowdate March 9) Regional Championships for our Boys and Girls teams

@ Pugwash - Northumberland Community Curling Club

Good luck team!

March 22, 23 & 24 Provincial Championships

Mixed team is in!

@ Bridgewater - Bridgewater Curling Club

Truro Club Badminton

Director: Nigel Power

Monday nights at CEC 7:30 - 9:30

Club dates:

March 5

CEC Badminton

Coaches: Nigel Power, Richard Bennicke, Chris Ross and Marc Roberts

Schedule:

Try-outs continue March 6 - Intermediates 3:15 to 5:15 Seniors 5:30 to 7:15

April 3, 4, 5 District Championships - CEC Gym

April 11 & 12 Regional Championships - CEC (CEC & Voc. Gyms)

April 20 & 21 Provincial Championships - Citadel High School

CEC & Truro Club Table Tennis

Coach & Director: Steven Dukeshire

Interested players who would like to make-up this years teams need to attend these sessions.

As of now it looks like we have numbers for a senior boys and intermediate girls team.

Would love to have girls in grade 11 & 12 come out as well as boys in grade 10 come out so we could possibly have entries in all four categories.

Practice dates:

March **5, 7** (Voc. Gym 7:30 - 9:30)

Schedule:

District Championships - TBD @ Voc. Gym

Northumberland Championships - by April 28 - TBD @ Voc. Gym

Provincial Championships - May 5 - Northeast Kings Education Centre, Canning

Truro Lions Throws Club

Director: Nathan Burris

Voc. Gym 7:30 - 9:30

Club dates:

March **6, 8**

Track and Field

Coaches:

Javelin - Iain LaPointe (Head Coach)

Sprints - Troy Payson & Jeff MacKinnon

Middle Distance - Patrick Legge

Long Distance - Lisa Wood

Hurdles - Ally Fanning

Shot Put/Discus - Nathan Burris

Javelin - Jessica Bartlett

Long/Triple Jump - Roger Crowe & Dave Galloway

High Jump - Tammy Armstrong

Roster: TBD

Schedule:

District Championships for Colchester, Hants East, Antigonish and Guysborough - May 16 & 17 @ Stellarton - Pioneer Field

Northumberland Championships - May 25 & 26 @ Stellarton - Pioneer Field

Provincial Championships - June 1 & 2 @ Sydney - Cape Breton University

Track and Field - Special & Para - Athletes

Coaches: Marc Roberts and Joel Goswell

Thanks to our many helpers in the Special Education Department both Teachers and Educational Assistants!!!

Special events: 100m, long jump and shot put (Run, Jump and Throw)

Para events: 200m & shot put

Roster: TBD

Schedule:

District Championships - May 16 & 17 @ Stellarton - Pioneer Field

Northumberland Championships - May 25 & 26 @ Stellarton - Pioneer Field

Provincial Championships - June 1 & 2 @ Sydney - Cape Breton University

Girls Rugby

Coaches: Dan Mosley, Samantha Ellis and Meghan MacEachren

Managers: Jacquelyn Murphy and Marisol Aggabao

Roster: TBD

Schedule:

April 19 vs Northumberland

April 24 @ Dr. J.H.Gillis

April 26 vs North Nova

May 3 @ Hants East

May 8 @ North Nova

May 10 @ Northumberland

May 15 vs Dr. J.H.Gillis

May 17 vs Hants East

May 22 Northumberland Regional Semi-finals

May 24 Finals hosted by higher seed

June 1 & 2 Provincial Championships hosted by Capital

Boys Rugby

Coaches: Robert Foley, Kevin Dawe and Ian Johnstone

Voc. Gym - Mondays @ 3:15 - 5:15, Thursdays @ 5:30 - 7:15

March **5, 8**

Roster: TBD

Schedule:

April 6 or 7 @ SMU Jamboree

April 14 @ Lockview Icebreaker Tournament @ Burnside Turf

April 19 vs Northumberland

April 26 vs North Nova

May 3 @ Hants East

May 8 @ North Nova

May 10 @ Northumberland

May 11 & 12 @ Three Oaks, Summerside Invitational Tournament

May 17 vs Hants East

May 22 Northumberland Regional Semi-finals

May 24 Finals hosted by higher seed

June 1 & 2 Provincial Championships hosted by Capital

Girls Slo-pitch

Coach: Kelly Quinn

Attempting to organize meetings to see the expression of interest in having a team?

Details to follow...

Completed seasons:

Golf (Coach Kevin Hayden) - **Northumberland Region Champions! Boys team finished 4th at provincials @ Paragon.**

Baseball (Coaches Scott MacGillvray and JP Wood) - **Northumberland Region Champions! Team finished 1st at provincials in Halifax.**

Cross Country (Coach Lisa Wood) - **Northumberland Region Runners-up Senior Girls, 4th Senior Boys at provincials @ Point Pleasant Park, Senior Girls 5th, Senior Boys 15th.**

JV Girls Soccer (Coaches: Emily Reilly, Andrew Reilly, MacKenzie Rathgeber, Keith Partridge & Tim Trites) - **Northumberland Region Champions! Team finished 3rd at provincials in Halifax.**

Girls Soccer (Coaches: Trevor Gordon and Kate Adams) - **Northumberland Region Runners-up, Top 10 in the province.**

Boys Soccer (Coaches: Jay Foster and Hans Budgey) - **Northumberland Region Champions! Top 7 in the province.**

Football (Coaches: Brent MacPhee, Shawn Davison, Tom Shreve, Ted Fitzgerald, Rob Harris, Andre Robichaud, Jason Smith and Les Mullins) **4th place in their division at 3 and 5, tier II semi-final win 42-25 vs JL, final win 28-20 vs the West, 7th place in the province.**

JV Girls Volleyball (Coaches Hilary Cormier and Carrie Peck) - **Northumberland Region Champions! Team finished 1st at provincials in Digby.**

Girls Volleyball (Coaches Bob Piers and Suzanne Fougere) - **Northumberland Region Champions! Team finished 2nd at provincials in Halifax.**

Boys Volleyball (Coaches Harvey MacEachern and Taunya Pynn-Crowe) - **Northumberland Region Champions! Team finished 1st at provincials in Bridgewater.**

JV Girls Basketball (Coaches Dave MacNeil and Katie Titus, manager: Allison Stuart) - **4th place finish in the Northumberland Region**

V Girls Basketball (Coaches Nigel Crawford and Darrell McLellan) - **3rd place finish in the Northumberland Region**

JV Boys Basketball (Coaches Kyle Cormier and Bard MacKinnon) - **Northumberland Region Champions! Team finished 3rd at provincials in Dartmouth.**

Boys Basketball (Coaches Shelly and Marc Roberts) - **Northumberland Region Champions! Team finished 7th at provincials in Sydney.**

Wrestling (Hans Budgey, Luke Ferguson, Shonalee Johnson and Connor Pierce-Pryor)

Senior Girls - **Northumberland Region Champions! Team finished 2nd at provincials in Milford.**

Senior Boys - **Northumberland Region Champions! Team finished 1st at provincials in Milford.**

Go Cougars!