

COUGAR BASKETBALL CAMP 2018

COBEQUID EDUCATIONAL CENTRE 34 Lorne Street Truro, Nova Scotia B2N 3K3

Boys Day Camp (Grades 4 - 9) July 3-6 9:00am - 4:00pm Girls Day Camp (Grades 4 - 9) July 9-12 9:00am - 4:00pm Cougar Cub Camp (Grades P - 4 Co-ed) July 16-18 9:00am - 12:00pm

COUGAR BASKETBALL CAMP 2018

Girls and Boys Day Camp 9:00am - 4:00pm Open to Boys and Girls Grades 4 - 9 Co-ed Cub Camp 9:00am - 12:00 Noon Open to Boys and Girls Grades P - 4

CAMP FEATURES	TENTATIVE CAMP DAY SCHEDULE
* Individualized Instruction	8:00 Gym Opens
th G The Glate	9:00 Attendance and Warm-up
* Camp T-Shirt	9:30 Skill Station
h 7	10:15 Break
* League Games	10:30 Skill Station
* 1	11:00 League Games
* 1 on 1, 2 on 2 and 3 on 3 Play	12:00 Lunch
#37D + 2 D 11 G	1:00 Attendance and Warm-up
* NBA 2 Ball Competition	2:00 Break
434 404	2:15 Skill Station
* Mini Olympics	3:00 League Games
	4:00 Dismissal

COST

COUGAR CUB CAMP \$ 45.00 GIRLS DAY CAMP \$100.00 BOYS DAY CAMP \$100.00 FAMILY RATES AVAILABLE

- ◆ Pre-registration is preferred... Return Application to: Cobequid Educational Centre, 34 Lorne Street, Truro, NS B2N 3K3.
- ♦ Same day registration will begin at 8:00am on the mornings of July 3rd, July 9th and July 16th. At this point we can not guarantee T-shirt Sizes but will do our best.
- ◆ Cobequid Educational Centre is located on 34 Lorne Street in Truro, next to the Colchester Legion Stadium. The Camps will take place in the CEC Gym.
- ♦ To get access to Gym, use the Gym doors on the School Board side of the school. Home of the Cougars!
- ♦ We would advise campers to bring a lunch, which can be stored in a fridge in the Gym.
- ♦ For more information contract Marc Roberts at 890-4386, 896-5716 or 897-0188.

COUGAR BASKETBALL CAMP 2018 REGISTRATION FORM

Name: First Middle Last Address: City: Postal Code: Telephone: Male: Female: Age: Grade in School: T-Shirt Size: Please circle one: YS YM YL YXL AS AM AL AXL Last Team Played For: Coach:	Camp you wish to attend: Boys - July 3-6 Girls - July 9-12 Cub Camp - July 16-18 For Cub Camp: \$45.00 Registration due with Application. PAID BY:Cash Cheque For Girls and Boys Day Camps: \$40.00 Deposit due with Application. PAID BY:Cash Cheque Balance due upon registration. PAID BY:Cash Cheque Balance due upon registration. PAID BY: Cash Cheque Please make cheques payable to: Cobequid Educational Centre	
PARTICIPANT'S DECLARATION I HEREBY DECLARE THAT I AM NOT AWARE OF ANY MEDICIAL ILLNESS OR CONDITION THAT WOULD PREVENT MY CHILD'S FULL PARTICIPA- TION IN THIS ACTIVITY, EXCEPT THE FOLLOWING:		
Health Card #: En		